

Two Patients Sensitive to EMF

Natalie Sadler, MD

Black Mountain, NC

www.nataliesadlermd.com

17 year old male junior in high school

He was a happy, social, straight A student.

October 2021 returned to school following C-19 school lockdowns. Came home saying he felt depressed, with inability to focus, nose bleeds and headaches. Wifi in the school.

Over Christmas break symptoms improved. No Wifi at home.

Return to school Jan 2022 and symptoms returned, worse in March and April, no motivation for school, grades are D and F.

17 year old male junior in high school

Had irritability, exhaustion, difficulty finding words (anomia), dizziness, insomnia, sensation of pressure in his ears.

Headaches and ear pain with Bluetooth in the car.

If he did not have his protective clothing on, the nose bleeds persisted at school.

17 year old male junior in high school

Out of Wireless he did not have symptoms.

Used protective clothing, avoidance of wireless, sleep sanctuary., being outdoors in sunshine, good food and hydration to help his body recover.

Asked for accommodations from the school and was denied.
Completed high school through home schooling.

50 year old married female school faculty

Good health until Jan 2022 returning to school after Christmas

Developed a headache that would not go away.

Next day head hurt, body throbbed and felt very tired.

Could only work 1-1 ½ hours before symptoms started.

Stayed home 1 ½ days and felt normal.

Went back to work and symptoms came back. Worked 1 day and 2 days to recover x 2 weeks.

50 year old married female school faculty

Difficulty making brain connections. Day after working not able to recall thoughts.

Live blood cell analysis 30-40% of cells showed oxidative stress (as confirmed with RFR exposure in 91% of 290 studies).

Jan 14- Feb 15 worked ½ time and then resigned.

March Live Blood Analysis only 20% of cells had oxidative stress

50 year old married female school faculty

Three wireless antennae within 200 feet of her classroom installed during Christmas break.

Measured EMF with a Trifield meter: Her room meter fluctuated from 4000-8000 $\mu\text{W}/\text{m}^2$ with peaks at 14,000-17,000 $\mu\text{W}/\text{m}^2$.

Sharp head pain when with the peak measurements.

Meter was higher when children were in school. Quieter when children were not in school.

Two children reported similar headaches/head pain that same day.

50 year old married female school faculty

Since then sensitivity depends on sleep and emotional stress.

Avoids places where she feels pain. Feels it when traveling.

Only stay in local library for 2 hours due to strong wireless.

Found supplements, wearing protective clothing, no wireless, and a sleep sanctuary at home to be helpful.

Common Symptoms Related to Wireless Radiation

- Depressed Mood
- Anxiety
- Sleep Disturbances, Insomnia
- Agitation, Irritability
- Difficulty concentrating
- Restlessness, tension
- Tightness in chest
- Hyperactivity
- Exhaustion, Fatigue
- Anomia (difficulty word finding)
- Forgetfulness
- Headaches
- Dizziness
- Noise Sensitivity
- Sensation of Pressure in the ears
- Burning Sensation in the eyes
- Nervous Bladder, Urinary Urgency
- Heart Palpitations
- Blood Pressure Problems
- Muscle Tension
- Joint Pain
- Skin Conditions